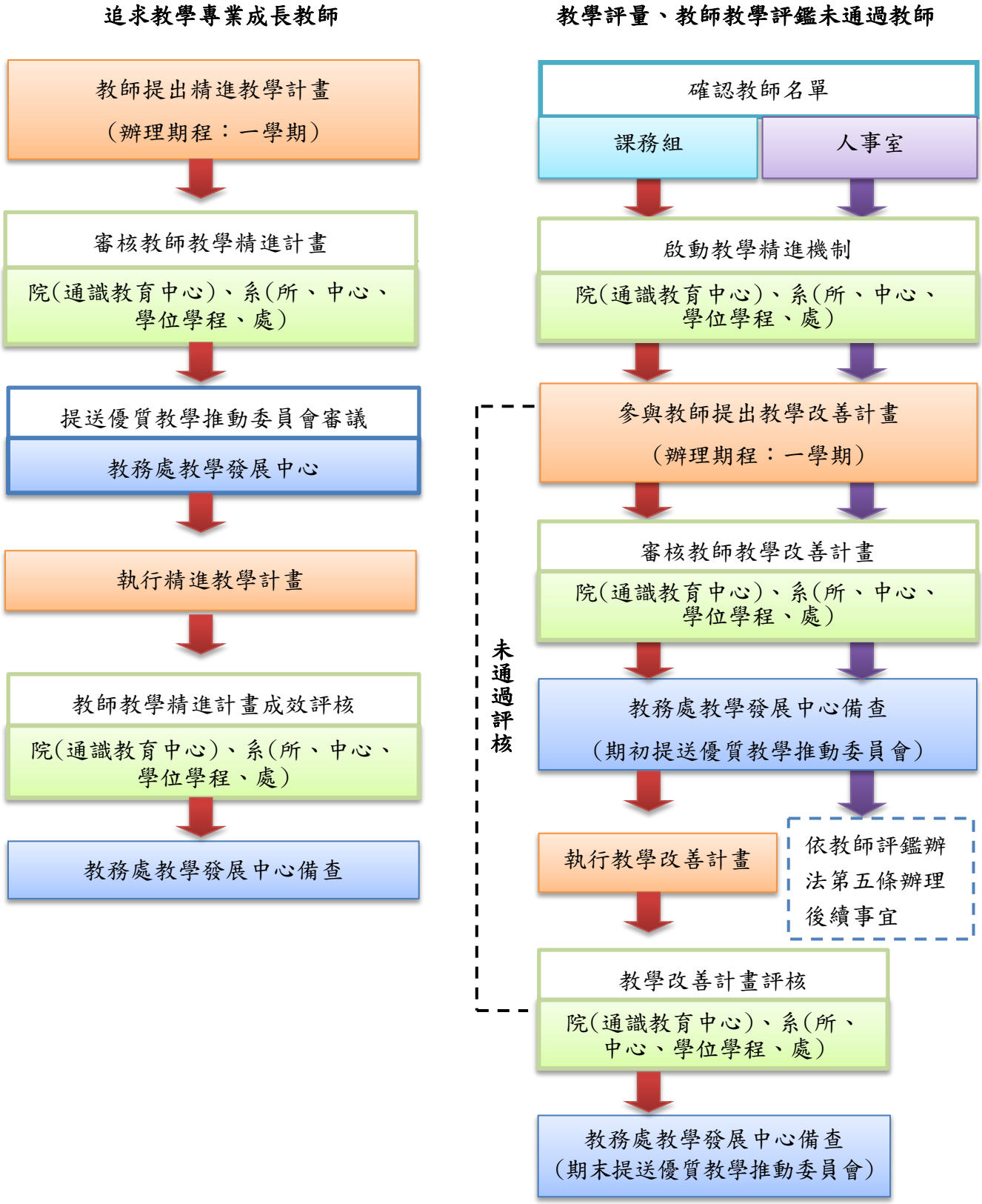國立臺中教育大學教師專業成長實施要點作業流程圖